Join us for our TWO-DAY workshops open to anyone who wants to empower their families and communities.

## The WISDOM Way Strong Families = Strong Communities

A TWO-DAY workshop for people wanting to help their families and communities. Through art, music, stories, pictures, dance and acting we realise simple tools for complex issues, with option for 1:1 counselling day after the workshop.

Wisdom In Your Life Facilitator Storm Motohata, with co-facilitator BSS Psychologist Sara Vas, will utilise the 'The Map of Loss' to address the following issues:

- How deep sadness can be passed on to other family members and how to heal sadness.
- ▷ How anger affects your thinking and how to let it go.
- Identify strengths and weaknesses and how to see them in others.
- We will look at whatever you need to make you and your family/community strong.
- > We will have fun, sadness and laughter.

## Workshop Dates and Locations

July 20th Open forum Promotion of 'A way through' the Map held @ Youth Involvement Council (YIC) 12:30 – 2:30pm.

Aug 1st-2nd TWO-DAY Map workshop. 9am – 4:30pm Aug 3rd 1:1 counselling Aug 15th -16th TWO-DAY Map workshop. 9am – 4:30pm Aug 17th 1:1 counselling

Aug 1/th 1:1 counselling

Aug 29th -30th TWO-DAY Map workshop. 9am – 4:30pm Aug 31st 1:1 counselling

## Venue Address: 34 Lawson Street, South Hedland WA

For more information on the workshops, please contact Teri O'Neill 0418 115 908

BSS Main Office: 1029 Wellington Street, West Perth WA 6005 Counselling available Australia-wide National and International toll-free counselling support also available 24/7 For more information, please contact:

appt@bsspsych.com.au | +61 8 9211 3700 1800 30 30 90 (AUS Freecall) | 0800 820 035 (NZ Freecall)

