



# Employee Assistance Program

## Employee Assistance Program

The Employee Assistance Program (EAP) provides professional counselling for all employees, their partners and dependent children to help resolve personal and work related problems.

### The counselling service provided by the EAP is:

- ▷ confidential
- ▷ voluntary
- ▷ staffed by professional and experienced psychologists
- ▷ available for employees, partners and dependant children
- ▷ provided by the company at no cost to you
- ▷ available after hours.

Seeking counselling at an early stage can often prevent a relatively minor concern developing into a major problem. If you are not sure whether counselling would help your problem you can telephone to discuss your concerns before making an appointment.

## What type of problems can counselling help with?

EAP psychologists have experience with a wide range of personal and work problems, including:

- ▷ stress at home or work
- ▷ problems with children
- ▷ alcohol and drug issues
- ▷ anxiety and depression
- ▷ relationship problems
- ▷ conflict
- ▷ a range of other issues.



DOWNLOAD THE BSS APP BY SCANNING THE QR CODE



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BSS Main Office: 1029 Wellington Street, West Perth WA 6005  
Counselling available Australia-wide  
National and International toll-free counselling support also available 24/7  
For more information, please contact:

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